



## About Aldanat



**Aldanat Care**  
*"putting people first"*

We provide support for people with learning disabilities, mental health and complex needs either in supported living or residential accommodation. Originally founded in 2008, Aldanat has grown to become one of the leading social care providers in Essex, offering specialised, person-centred support 24 hours per day, 52 weeks per year.

We believe in person-centred care which promotes independence, enhances life skills and provides opportunities for personal development.

Ultimately, our goal is to help the people we support to achieve their ambitions and enjoy life to its fullest.

As specialists in successfully handling placements that have broken down with other providers, Positive Behaviour Support (PBS) is at the heart of what we do. By ensuring that our approach, environment, strategies and relationships are focussed on the specific needs of each individual, we are able to provide the best possible care and support.



# Individualised, person-centred accommodation

We provide both residential and supported living services throughout Essex. Our two dedicated residential services, Peter House and The Retreat, focus on developing the skills and confidence needed to move towards independent living. We believe in harnessing the potential and individual preferences of each person, ensuring that the people we support are encouraged to set goals, make progress and be a valued and active member of their local community.

We also work closely with Local Authorities, landlords and housing associations to provide supported living accommodation. We currently operate 16 supported living services throughout Essex. With individual needs at the centre of our approach, we take the time to understand the requirements of every individual and tailor the accommodation to meet their needs. This can mean anything from ensuring that there is robust furniture in place, creating indoor and outdoor sensory spaces, to providing accessibility aids and adapted living environments for those who need them.



## Expert support and unwavering passion

The team at Aldanat share a passion for high-quality care and support. We have a determination and drive which means that we don't give up. We champion the people we support and we extremely are proud of our success when supporting those that have experienced placement breakdowns in the past.

“ We currently operate 16 supported living services throughout Essex. ”

“ Our team undergoes a full induction programme, Care Certificate and a combination of face to face and online training”

Once in-service, frequent supervisions and ongoing training ensure that our teams have the skills they need to provide first-class support. In addition, each staff member is provided with further training which is specifically designed to meet the care plan and needs of the person they are working with.



In addition to our team of dedicated support workers, the people we support have access to a trained mental health nurse and an in-house psychologist/forensic psychologist, who specialises in PBS training and support for our teams. We have strong relationships with a wider multidisciplinary team, ensuring that we can access high-quality speech and language therapists, Occupational Therapists, LD community nursing teams and psychiatrists depending on need.



“ We have strong relationships with a wider multidisciplinary team ”



## Ensuring successful placements

We pride ourselves on working with individuals who have experienced placement breakdowns in the past.

Our in-house transition manager works closely with professionals, families and individuals to ensure that our placements are successful from the outset. This in-depth transition process includes taking a full history, including past, current and anticipated care needs; physical, psychological and social development; communication needs; visits with the individual in their current home/setting; visits to our services; relationship and trust building and sessions and much more.

As well as ensuring that the support and accommodation is specifically tailored as a result of this process, we believe that this forward planning and preparation helps to create a more positive experience and builds confidence and independence, leading to a more successful early transition and long-term placement.

We also believe in continuous improvement and the power of lived experience.

We run regular focus and feedback groups with both families and service users. These groups allow us to gather invaluable feedback, support transparency and accountability and enable people to have a direct impact on the care they receive.

## Quality care, guaranteed

All of our services are regulated by the Care Quality Commission (CQC). As the independent regulator of health and adult social care in England, CQC is responsible for ensuring that we provide people with safe, effective, compassionate and high-quality care.

As well as the reassurance offered by CQC regulation, we have a robust and rigorous quality assurance process.

Our inhouse compliance manager ensures that high standards are met across the organisation and that managers adhere to CQC regulations, legislation, safeguarding, internal quality audits and local authority requirements.



Our team will be happy to answer any questions you might have.

t. 01255 870281

e. [referrals@aldanatcare.co.uk](mailto:referrals@aldanatcare.co.uk)



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